

Brief Curriculum Vitae

Name: Christos Lionis MD PhD FRCGP (Hon)
Professor of General Practice and Primary Health Care

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Qualifications

Christos Lionis graduated from the University of Athens Medical School in 1979. He also holds a PhD from the University of Crete entitled: 'An educational intervention in junior high school students for the prevention of coronary heart disease'.

Experience

Since 1995 Christos Lionis has worked at the University of Crete Medical School, where he is Professor and Director of the Clinic of Social and Family Medicine. With a passion for the importance and the value of Family Medicine, Christos is actively involved in the development of Primary Care and General Practice in Greece. He currently co-ordinates a thriving GP research network on rural Crete, and is also responsible for the supervision of a number of PhD students.

Previous to his employment at the University of Crete, Christos worked for 9 years as Manager and Medical Director of Spili Health Centre, obtaining experience as a clinician and researcher in the field of Primary Health Care and General Practice.

From 2001 to 2004 Christos held the title of Deputy General Director of the Regional Health and Welfare system of Crete, a planning and regulatory body forming part of the Greek National Health Service with responsibility for overseeing all health and welfare services. He was elected *as Professor of General Practice and Primary Health Care at the School of Medicine, University of Crete, Greece* at the end of 2009.

Since 2009, Christos has co-ordinated the Primary Health Care Unit at the Municipality of Heraklion, a shared initiative with the University Hospital and the Municipality of Heraklion. This facility offers medical care and assistance to socio economic deprived individuals, with a specific focus on chronic disorders. Christos is also the current Director of a Master in General Practice and Primary Care at the School of Medicine, University of Crete.

Research interests

The Clinic of Social and Family Medicine undertakes a number of experimental studies and research projects, with a particular emphasis on multidisciplinary approaches to health care, and consideration of social and psychological factors affecting health. Christos' key research activities and interest focus on:

- primary health care and family medicine
- quality management, and the formulation of guidelines for management of common disease and chronic conditions
- factors contributing to cardiovascular disease
- gastroenterology
- mental health
- compassionate healthcare

His additional fields of expertise comprise of:

- needs assessment
- morbidity in general practice
- diagnostic studies and probability
- health care research methodology
- quality in primary care

Christos and his research team at the University of Crete are also involved in four FP7 European funded projects (one as coordinator) which are currently in progress, and consist of the following: 'OTC SOCIOMED' - 'Assessing The Over-The-Counter Medications in Primary Care and Translating The Theory of Planned Behaviour into Interventions'; 'RESTORE' - 'Better understanding of dissemination and implementation strategies'; 'TRANSFORM' - 'Translational Medicine and Patient Safety in Europe'; and 'EU-WISE' - 'Self-care Support for People with Long Term Conditions, Diabetes and Heart Disease: A Whole System Approach'.

Editorial and International Work

Christos is involved in an editorial and advisory capacity with a number of international journals, including: Family Practice (as Associated Editor); International Journal of Medicine and Public Health (as Associated Editor); BMC Family Medicine (as Section Editor); Quality in Primary Care and International Journal of Mental Health in Family Medicine (Editorial Board); European Journal of General Practice (Editorial Board); Global Journal of Health Science (Editorial Board); Turkish Journal of Public Health (Editorial Board); Primary Health Care (Editorial Board); The Open Access Journal of Science and Technology (Editorial Board); Global Journal of Medicine and Public Health (Editorial Board); Diseases (Editorial Board); the International Journal of Medicine (Editorial Board); Indigenous Knowledge and Development Monitoring (as Corresponding Editor); Open Access Publishing London (Advisory Board); Cyprus Health Journal (Advisory Board); Medical Spectrum (Advisory Board) and Turkiye Klinikleri Journals (Advisory Board). He is also Editor in Chief of the European Section of the International Journal of Rural and Remote Health.

Christos is a member of the Executive Boards of various professional organisations including: the European Society for Primary Care Gastroenterology (ESPCG); the European Primary Care Cardiology Society (EPCCS); WONCA Working Party on Research; and WONCA Working Party on Mental Health, and the European Rural and Isolated Practitioners Association (EURIPA) where he is acting as chairman of the International Advisory Board. Christos is also the current chairman of the International Federation of Practice based Research Network (IFPCRN). He was elected to the Executive Board of the European Society of General Practice/Family Medicine (WONCA) Europe in 2003 and vice chairman of the European General Practice Research Network in 2004.

Christos has collaborated with, and developed valuable affiliations via collaborative European/research projects with institutions and Medical Universities in the UK, (Kings College London, University of Glasgow, University of Liverpool, University of Manchester and Guys and St Thomas Hospital), in the Netherlands (Radboud University Nijmegen and Leiden University) as well as various other Universities and Networks in European countries including France, Cyprus, Malta, Austria and the Czech Republic. He was awarded an Honorary Fellowship from the Royal College of General Practitioners (RCGP) London, in May 2009. In addition, he regularly collaborates with various other countries including Sweden (where he spent 6 months at the Health Sciences School, Linköping University as a guest professor and researcher) and Turkey in the framework of Erasmus staff and students exchange programmes.

Publications

Christos has published a number of papers in international journals (215 of which are cited in PubMed), in addition to 85 publications in Greek journals.